Disclaimer

Please fill out the below form completely and turn in at check-in or prior to appointment.

Make sure all information is accurate before signing.

After printing this document, please do not fold, staple, or stain the form. This could alter the outcome of it being scanned.

Thank you!

SOUTH COAST ORTHOPAEDIC ASSOCIATES, P.C.

NEW PATIENT MEDICAL HISTORY FORM

Patient Name: _____ Date of Birth: _____

Height: _____ Weight: _____

Preferred Pharmacy: _____

Referral Source: Doctor (name): _____ Other (ex. Google search): _____

Chief Complaint

Dominant Hand: ○ Right ○ Left ○ Ambidextrous

Description of Symptoms: (select only ONE primary symptom and ONE affected area)

○ Pain ○ Numbness/Tingling ○ Fracture ○ Stiffness Other: _____

Shoulder	○ Right	○ Left	Pelvis	○ Right	○ Left	Neck	○
Upper Arm	○ Right	○ Left	Hip	○ Right	○ Left	Upper Back	○
Elbow	○ Right	○ Left	Thigh	○ Right	○ Left	Mid Back	○
Forearm	○ Right	○ Left	Knee	○ Right	○ Left	Low Back	○
Wrist	○ Right	○ Left	Lower Leg	○ Right	○ Left	Buttocks	○
Hand	○ Right	○ Left	Ankle	○ Right	○ Left	Tail Bone	○
Thumb	○ Right	○ Left	Foot	○ Right	○ Left		
Index	○ Right	○ Left					
Middle	○ Right	○ Left					
Third	○ Right	○ Left					
Little	○ Right	○ Left					

Pain radiates from/to: (ex. from low back to right leg) _____

History of Present Illness

1. Is your problem the result of an injury or accident?

○ No Injury ○ Injury ○ Injury at Work ○ Auto Accident ○ Sport Injury ○ Prior Surgery

How long have the symptoms been present? (ex. 2 days, 4 months) _____

Describe the onset: ○ Acute (sudden) ○ Chronic condition (>3 months)

Onset Date: (mm/dd/yyyy) _____

2. Have you had a problem like this before? ○ Yes ○ No

Describe: _____

_____

3. Have you been seen in an ER for this problem? ○ Yes ○ No

Treating ER: (ex. St. Luke's Health) _____ Date: (mm/dd/yyyy) _____

4. Rate the pain (10 being the most pain):

○ 0 ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7 ○ 8 ○ 9 ○ 10

 Patient Name: _____ DOB: _____

History of Present Illness (continued)

5. Do the symptoms wake you from sleep?

○ Yes ○ No

6. Please describe the symptoms:

○ Sharp ○ Dull ○ Stabbing ○ Throbbing ○ Aching ○ Burning ○ Shooting

7. What is the timing of the symptoms?

○ Constant ○ Intermittent (comes and goes)

8. Is the problem getting better or worse?

○ Getting better ○ Getting worse ○ Unchanged

9. What makes the symptoms worse?

○ Squatting ○ Kneeling ○ Sitting ○ Bending ○ Stairs ○ Twisting ○ Moving ○ Lying in bed
○ Running ○ Walking ○ Athletics ○ Standing ○ Gripping ○ Lifting ○ Reaching Overhead

10. Are there any other symptoms associated with this problem?

○ Redness ○ Bruising ○ Swelling ○ Numbness ○ Stiffness ○ Limping ○ Clicking ○ Locking
○ Popping ○ Tingling ○ Weakness ○ Giving way

Prior Testing / Treatment

Have you had any prior tests for this problem?

○ None ○ X-rays ○ MRI ○ CT Scan ○ Nerve Test (EMG/NCV) ○ Bone Scan

Have you had any prior treatment for this problem? ○ Yes ○ No

Type of treatment	Status of symptoms after treatment (select only those that apply)			Date of treatment
Ice	○ Improved	○ Worsened	○ Unchanged	
Heat	○ Improved	○ Worsened	○ Unchanged	
Rest	○ Improved	○ Worsened	○ Unchanged	
NSAIDs	○ Improved	○ Worsened	○ Unchanged	_____
Muscle Relaxers	○ Improved	○ Worsened	○ Unchanged	_____
Chiropractor	○ Improved	○ Worsened	○ Unchanged	_____
Physical Therapy	○ Improved	○ Worsened	○ Unchanged	_____
HomeExerciseProgram	○ Improved	○ Worsened	○ Unchanged	_____
Surgery	○ Improved	○ Worsened	○ Unchanged	_____
Injections	○ Improved	○ Worsened	○ Unchanged	_____
Bracing	○ Improved	○ Worsened	○ Unchanged	_____
TENS unit	○ Improved	○ Worsened	○ Unchanged	_____

Other/Comments: _____

_____

_____

 Patient Name: _____ DOB: _____

Select all previous hospitalizations/surgeries: ☐ None

☐ Aneurysm (Brain) Surgery	☐ Hysterectomy
☐ Aortic Bypass / Vascular Surgery	☐ LAP Band / Gastric Bypass Surgery
☐ Appendectomy	☐ Lumpectomy
☐ Cataract (Eye) Surgery	☐ Mastectomy
☐ Cholecystectomy (Gallbladder)	☐ Malignancy/Cancer
☐ Heart Surgery	☐ Stents
☐ Hernia Repair	

Orthopedic on side:	Right	Left
Arthroscopy: Knee	☐	☐
Arthroscopy: Shoulder	☐	☐
Carpal Tunnel Release	☐	☐
Rotator Cuff Repair	☐	☐
Total Hip Replacement	☐	☐
Total Knee Replacement	☐	☐
TotalShoulderReplacement	☐	☐
Spinal Surgery - Indicate Level: _____		

Other Surgery

_____

_____

_____

Other Orthopedic Surgery

_____

_____

_____

Medical Questions

Mark all that currently apply:

☐ Metal in body ☐ Claustrophobic ☐ Pregnant ☐ Sleep Apnea ☐ Uses a CPAP ☐ Snores

Are you taking blood thinners? ☐ Yes ☐ No

Review of Systems

Please indicate if you have experienced any of the following symptoms in the last 6 months?

☐ None for all

				None	Comments
1) CON	☐ Weight Loss	☐ Loss of Appetite	☐ Fatigue	☐	_____
2) EYE	☐ Blurred Vision	☐ Double Vision	☐ Vision Loss	☐	_____
3) ENT	☐ Hearing Loss	☐ Hoarseness	☐ Trouble Swallowing	☐	_____
4) CV	☐ Chest Pain	☐ Palpitations	☐ High Blood Pressure	☐	_____
5) RS	☐ Chronic Cough	☐ Pneumonia	☐ Shortness of Breath	☐	_____
6) GI	☐ Heartburn, Ulcers	☐ Nausea, Vomiting	☐ Blood in Stool	☐	_____
7) GU	☐ Painful Urination	☐ Blood in Urine	☐ Kidney Problems	☐	_____
8) SK	☐ Frequent Rashes	☐ Skin Ulcers	☐ Lumps ☐ Psoriasis	☐	_____
9) NEU	☐ Frequent Falls	☐ Loss of Coordination	☐ Numbness	☐	_____
	☐ Change in Bowel	☐ Change in Bladder	☐ Dizziness		
10) PSY	☐ Depression/Anxiety	☐ Drug/Alcohol Addiction	☐ Sleep Disorder	☐	_____
11) ENDO	☐ Fever	☐ Heat or Cold Intolerance	☐ Night Sweats	☐	
12) HEM	☐ Easy Bleeding	☐ Easy Bruising	☐ Anemia	☐	_____

 Patient Name: _____ DOB: _____

Family History

Have any direct relatives had any of the following disorders? ☐ None for all

Father	☐ None	☐ Diabetes	☐ Heart Disease	☐ Hypertension
	☐ Bleeding Problems	☐ Epilepsy	☐ Connective Tissue	☐ Muscular Dystrophy
	☐ Stroke	☐ Osteoporosis	☐ Rheumatoid Arthritis	☐ Cancer
	Comments (ex. cancer type) _____			
Mother	☐ None	☐ Diabetes	☐ Heart Disease	☐ Hypertension
	☐ Bleeding Problems	☐ Epilepsy	☐ Connective Tissue	☐ Muscular Dystrophy
	☐ Stroke	☐ Osteoporosis	☐ Rheumatoid Arthritis	☐ Cancer
	Comments (ex. cancer type) _____			
Sibling	☐ None	☐ Diabetes	☐ Heart Disease	☐ Hypertension
	☐ Bleeding Problems	☐ Epilepsy	☐ Connective Tissue	☐ Muscular Dystrophy
	☐ Stroke	☐ Osteoporosis	☐ Rheumatoid Arthritis	☐ Cancer
	Comments (ex. cancer type) _____			

Social History

Do you smoke tobacco? ☐ Current, every day smoker ☐ Current, some day smoker ☐ Former smoker ☐ Never
☐ Heavy tobacco smoker ☐ Light tobacco smoker

Do you drink alcohol? ☐ Daily ☐ Occasionally ☐ Rarely ☐ Never

Marital Status: ☐ Married ☐ Single ☐ Divorced ☐ Widowed ☐ Domestic Partnership

Are you currently working? ☐ Yes ☐ No ☐ Retired ☐ Disabled If no, what date did you last work? _____

Please list work restrictions, if any: _____

Occupation: _____ Employer: _____ ☐ Student

Do you have any allergies? ☐ Yes ☐ No If yes, are you allergic to:

☐ Penicillin ☐ Sulfa ☐ Codeine ☐ Lodine ☐ Latex

Please list any other allergies below:

Medication, Relevant Food, or "Seasonal"	Reaction

 Patient Name: _____ DOB: _____

Please list all medications you take on a regular basis: ☐ None

Medication	Dosage and Frequency (e.g. 20 mg, once/day)

Do you have a personal history of any of the following? ☐ None

☐ Aneurysm Where: _____	☐ Emphysema	☐ Kidney Disease
☐ Angina (Chest Pain)	☐ Epilepsy	☐ Kidney Stones
☐ Arthritis Type: _____	☐ Heart Attack	☐ MRSA Infection
☐ Asthma	☐ Hepatitis Type: _____	☐ Pacemaker
☐ Bone or Joint Infections	☐ HIV / AIDS	☐ Phlebitis (Blood Clots)
☐ Cancer Type: _____	☐ High Cholesterol	☐ Pulmonary Embolism
☐ Chemotherapy / Radiation	☐ Hypertension	☐ Reaction to Anesthesia Type: _____
☐ COPD	☐ Hyperthyroidism	☐ Seizures
☐ Congestive Heart Failure	☐ Hypothyroidism	☐ Stomach Ulcers
☐ Diabetes Type: _____ Last A1C: _____		☐ Stroke / TIA
		☐ Tuberculosis

Please list any other conditions or details of conditions marked above:

_____

_____

_____

_____

_____

_____

_____ _____

Signature Date